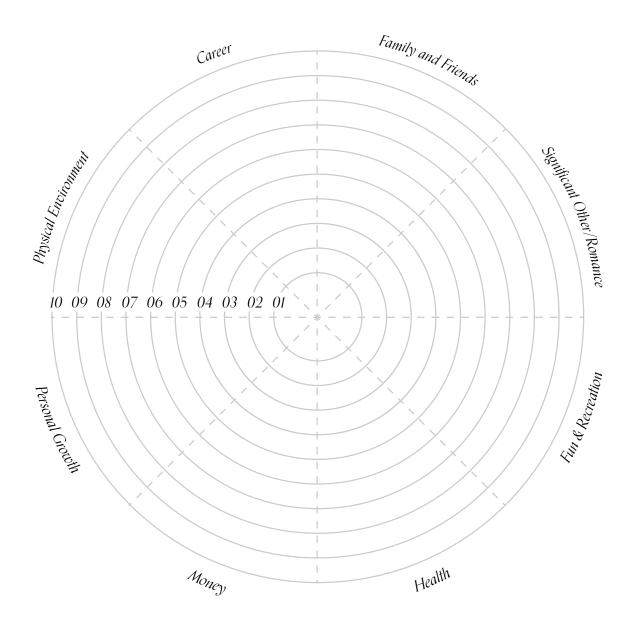
## CATOR SPARKS LIFE COACH FOR MEN

## The Wheel of Life

D I R E C T I O N S The eight sections in the Wheel of Life represent different aspects of your life.

Seeing the center of the wheel as 1 and the outer edges as 10, rank your level of satisfaction (1 being least satisfied, 10 being most) with each life area by drawing a straight or curved line to create a new outer edge.

The new perimeter represents the wheel of your life.



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